



# Coaching

Coaching Length: typically 10-14 hours\*  
 Participants: any level within the organization\*  
 \* recommended

Different people at different stages can and do benefit from personalized coaching. We have the background, skills and ability to work with people on a 1:1 basis to help them make their best contribution in the workplace.

At Newleaf Training & Development we specialize in helping people *manage themselves, lead others and build business financial intelligence*. Most of our coaching assignments have been in the arena of communication skills, leadership development, time management and improving business acumen.

Each person that we coach is of course unique and has their own specific challenge they need to improve in their world of work. The coaching is therefore highly customized to the individual.

We can either conduct the coaching work on site at the person's place of work or if privacy is an issue, we can arrange for the work to be conducted at our offices or some other convenient location.

### Example Assignment

A typical assignment would normally entail a pre-consult of about 2 hours to understand the specific challenge the individual is facing. Usually three to four coaching sessions (of about 2 hours each) are facilitated over a

short period of time (normally one a week). The process concludes with a post-consult of about 2 hours to review progress and a brief report summarizing the completed work and any recommended next steps.

### Fees

Coaching Fees	Travel Expenses
\$230 per hour <sup>†</sup> ( <i>\$150 if by phone</i> )	Agreed in advance and charged additionally

<sup>†</sup>a typical assignment for an individual is in the range of 10-14 hours, so assume total investment costs in the region of \$3,000. This is often a small investment to make when you consider the annual remuneration costs of the individual and their improved impact on the organization as a result of our coaching services.

### Telephone Coaching

When distance is an issue, we also offer telephone coaching at a reduced rate of \$150 per hour.

**Our Promise** **#1 Best Content** - We commit to always providing you access to the **BEST CONTENT** available.  
**#2 Best Person** - We promise you the **BEST PERSON** from our team to meet your exact needs and serve your organizational culture.  
**#3 Best Results** - We promise you **BEST RESULTS** within your organization as an end product of our training & development work with you.

### Seminars/Keynotes available

- Customer Centered Service • Personal and Interpersonal Effectiveness • Team Excellence • Work/Life Balance and Goal Setting
- Positively Reducing Conflict • Bridging the Generation Gap • Time Management
- Leading Others • Business Financial Intelligence

### We also offer

- Seminars
- Keynotes